

Patient Details

Full name _____ Today's date _____

Date of birth _____ Weight _____ Height _____

Reason For Appointment

Medical History

Please tick any of the following conditions that you have been diagnosed with or have experienced in the past:

asthma/ chronic obstructive pulmonary disease/ other

breathing disorders

high blood pressure (hypertension)

high cholesterol

diabetes (type 1 or type 2)

heart disease/ heart attack/ angina

irregular heart rhythm

stroke/ transient ischemic attack (TIA)

migraine

anaemia

blood clots e.g. deep vein thrombosis (DVT) or

pulmonary emboli (PE)

cancer (please specify type): _____

kidney disease

liver disease including hepatitis

gastrointestinal disorders e.g. indigestion or reflux,
ulcers, inflammatory bowel disease

neurological disorders e.g. Parkinson's disease,
seizures/ epilepsy

mental health disorders e.g. anxiety, depression

thyroid problems

eye problems e.g. cataracts, glaucoma, visual
impairment

arthritis

autoimmune disease e.g. lupus, rheumatoid arthritis

infectious diseases e.g. HIV, hepatitis, tuberculosis

Surgical History

Please list any surgeries or procedures you have had in the past:

1. _____ Date of surgery/procedure _____

2. _____ Date of surgery/procedure _____

3. _____ Date of surgery/procedure _____

Medications

Are you on aspirin and/ or any blood thinning medication? Yes No

Please list all current medications including prescriptions, over-the-counter, and supplements:

Medication name	Strength	Frequency	Reason

Allergies

Do you have any known allergies to medications? Yes No

If yes, please list medication and reaction: _____

Do you have any known environmental or food allergies? Yes No

If yes, please list: _____

Social History

Tobacco use: Never Previously but quit Current

Alcohol use: Never Occasionally Daily Amount _____

Other drug use: _____